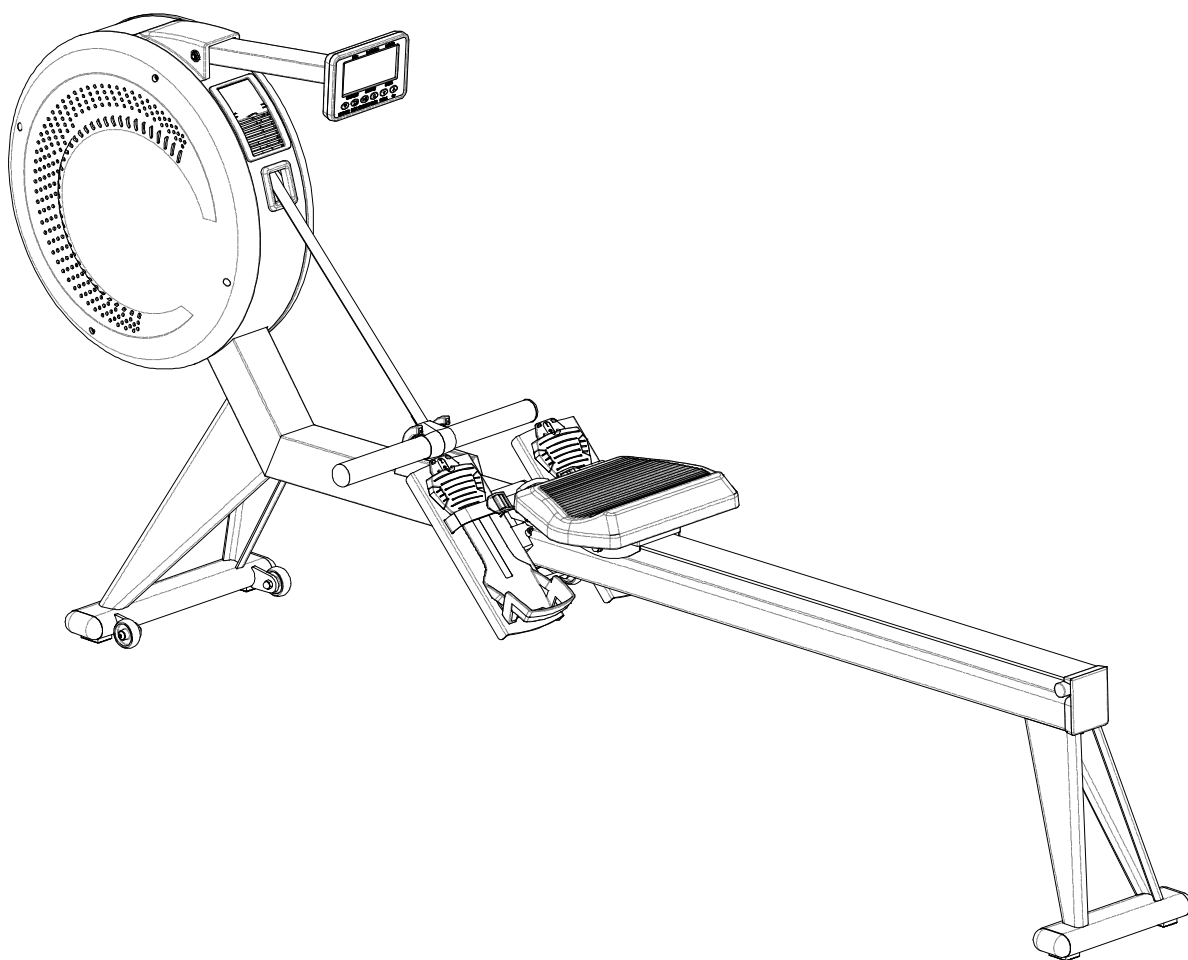# ARC-102
# Air Rower

SAVE THE INSTRUCTION - THINK SAFETY!

Revision-1114

# IMPORTANT

Read all assembly instructions and safety precautions; reference all safety guidelines and warning labels before using this product.    Please save the instructions afterward for future reference as the instructions are written for your safety and to protect the unit.

# SAFETY

Properly warm up and stretch before exercising.    If you feel pain or dizziness at any time while exercising, stop immediately and consult your physician.
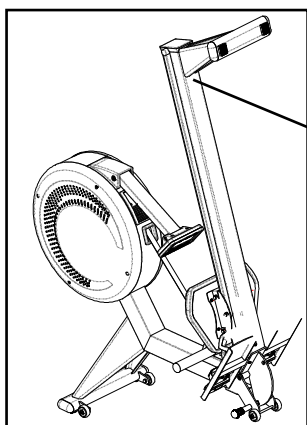
## Obtaining Service

Before proceeding, find the Air Rower's model, serial number located on the Rear Stabilizer and enter it in the space provided below.

Model: _____

Serial Number: _____

Date of Purchased:    month  /  date  /  year

» Refer to the SERIAL NUMBER and MODEL NAME when calling for service.

Serial Number is located on the back of the Rail

**SAVE THE INSTRUCTION - THINK SAFETY!**

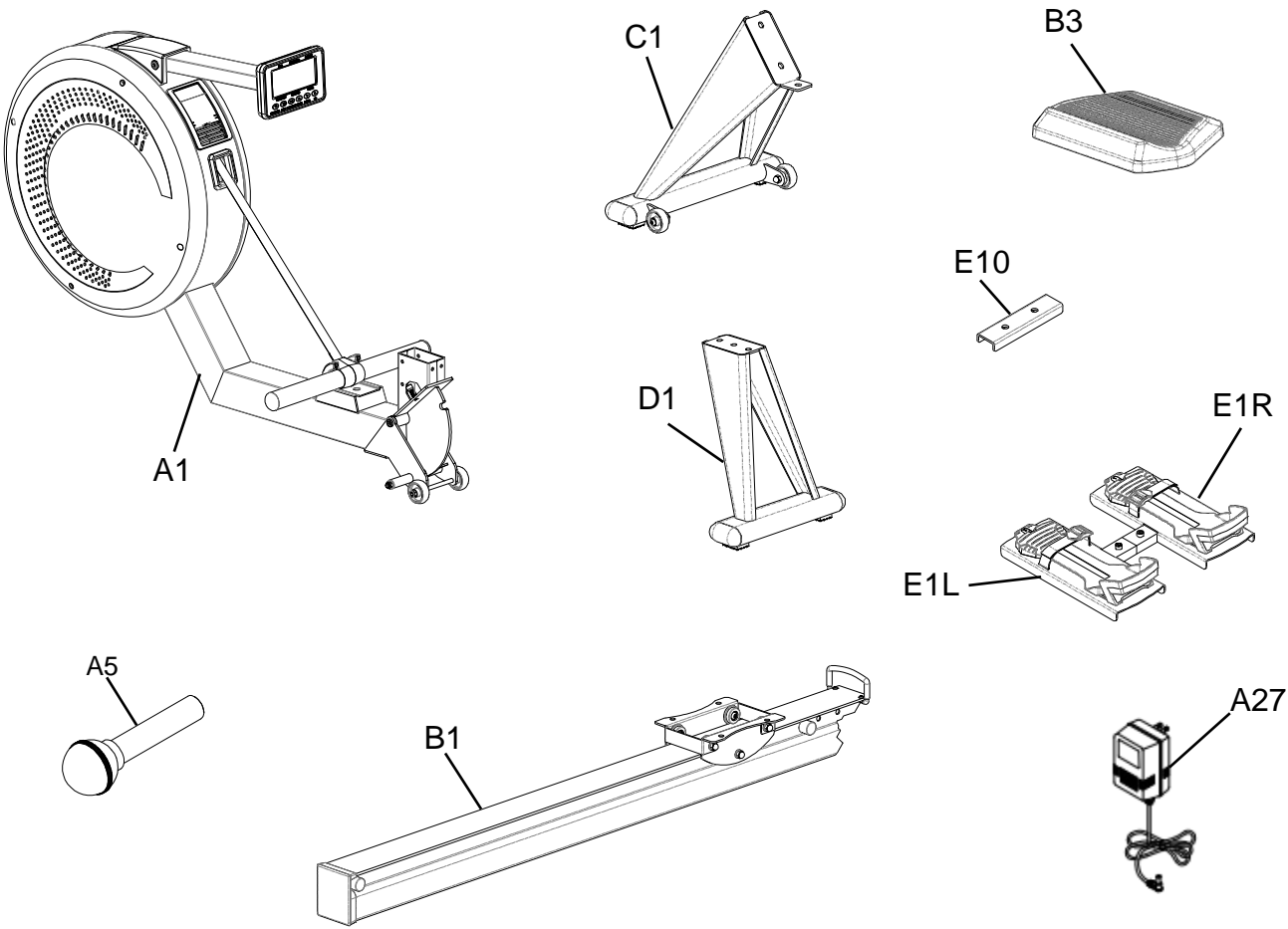# Important Safety Instructions & Warnings

⚠️ **WARNING**

**To reduce the risk of burns, fire of burns, fire, electric shock, or injury to persons, read the following precautions before assembling or using your new product.**

- Read all instructions and enclosed literature carefully.    Understand the assembly and operation before using the equipment.

- Always wear proper clothing and shoes when exercising to avoid getting caught in the moving parts.

- Always stretch and warm up before starting any exercise program.

- Keep hands and feet from all moving parts, which could result in serious injury.

- Close supervision is necessary when this Air Rower is used by or near children.
  Do not allow children or people unfamiliar with the operation of this equipment, on or near it.

- The Air Rower should never be left unattended when plugged in. Disconnect the Air Rower by unplugging the adaptor from outlet when the unit is not in use, and perform maintenance.

- Never operate this unit if it has a damaged cord or adaptor, if it is not working properly, Contact your authorized dealer for service.

- It is necessary to inspect this unit periodically to maintain safety and proper function.

- Keep the cord away from heated surfaces.

- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.

- Keep equipment away from water and moisture.    Avoid dropping anything on or spilling anything inside the equipment to prevent electric shock or damage to the electronics.    Do not operate electrically powered equipment in damp or wet locations.

- Make sure all components are fastened securely at all times.

- Never drop or insert any object into any opening.

- Do not use outdoors.

- Do not attempt to use the Air Rower for any purpose other than for the purpose it is intended.

- Route the Adaptor Cord so that it is not walked on, pinched, or damaged by the parts placed upon, including the equipment itself.

# Table of Contents

# Parts for Assembly

C1

B3

E10

D1

E1R

E1L

A1

A5

B1

A27

## Tools Required:

6MM
Allen Wrench

8MM
Allen Wrench

M14
Wrench

# Assembly Instructions

## Step 1

*Before assembling the Air Rower, distinguish a proper and appropriate location for the unit.

*Clear a big enough working space before unpacking the box.

*Separate all of the parts after opening the box and verify that all parts are accounted for and have no damage.

*Double check the packing materials to ensure no parts were accidentally thrown away.
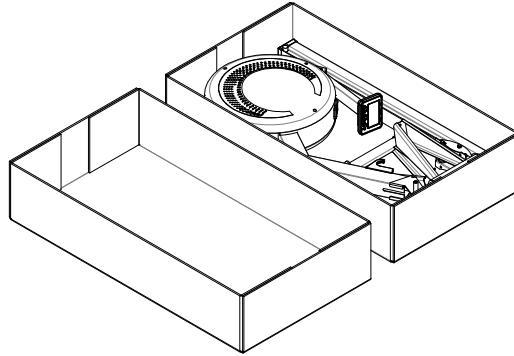


*Assemble the machine on a solid level surface.  This will ensure the best possible performance, function, and safety for the workout.

Caution: Additional assitance is needed to help turn main frame assembly.

## Step 2

With additional assistance carefully turn the Main Frame Assembly (A1) upside down, fitting in the styrofoam in the carton as shown below.

Important: Make sure the Main Frame Assembly is stabilized before the next assembly.

Remove the preassembled 2- M10x16mm Cap Head Socket Screws (C4) and 2- M10 Flat Washers (C7) from the the Main Frame Assembly (A1) with 8mm Allen wrench.

Assemble the Front Stabilizer (C1) to the Main Frame Assembly using the same 2 screws and flat washers to secure the front stabilizer.
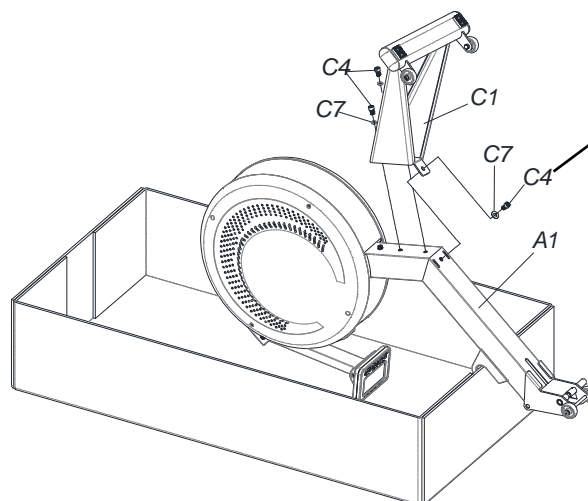


Note:
This Screw needs to be securely tightened first.

# Assembly Instructions

## Step 3

With additional assistance, carefully turn the Air Rower around to the upright position as shown below.

Remove the preassembled 6- M8 x 16mm Cap Head Screws (B4) and 2- M8 x 25mm Cap Head Screws (E8) and 6- M8x16 Flat Washers (B12) from the Main Frame Assembly with the 6mm Allen Wrench. See Figure A.

Insert the Foot Bed Mounting Plate (E10) onto Left Foot Rest (E1L), then place the Left and Right Foot Rests (E1L & E1R) through the Main Frame Assembly and insert the Left Foot Rest into the Right Foot Rest, then use the same 2- M8x25mm Cap Head screws to secure the Foot Rests the Foot Rests to the Main Frame Assembly. See Figure B
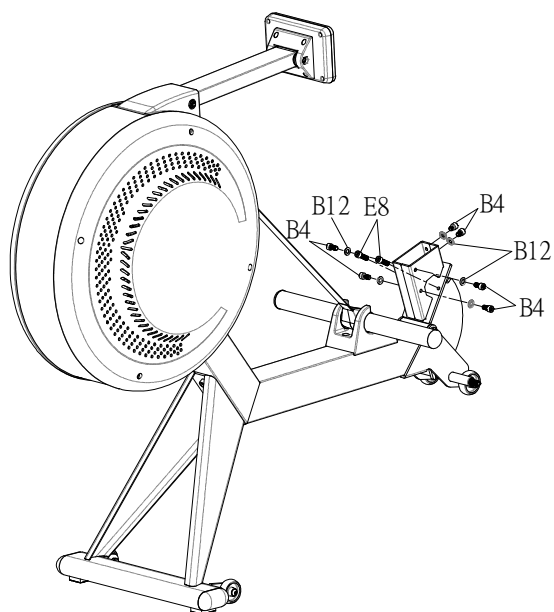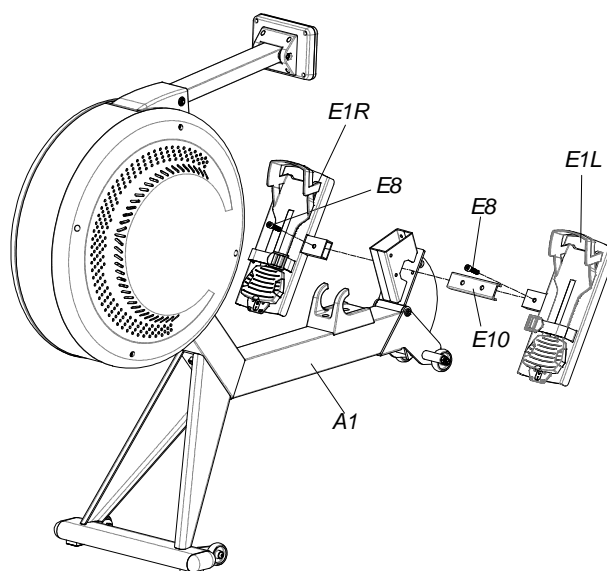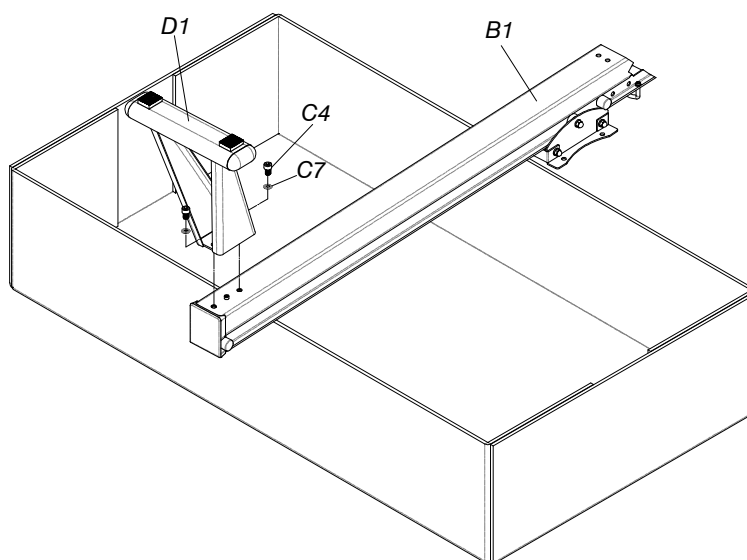


Figure A



Figure B

## Step 4

Place the Rail (B1) across the carton as shown below, make sure the Seat Carriage beyond the carton edge.

Remove 2- M10 x 16mm Cap Head Screws (C4) and 2- M10 Flat Washers (C7) from the Rail (B1) with 8mm Allen wrench.

Attach the Rear Stabilizer (D1) to the Rail using the same 2 screws and flat washers to secure the Rear Stabilizer.

# Assembly Instructions

## Step 5

With the supplied M14 Wrench, tighten the Pull Pin (A5) into the Main Frame Assembly as shown below.



*A5*
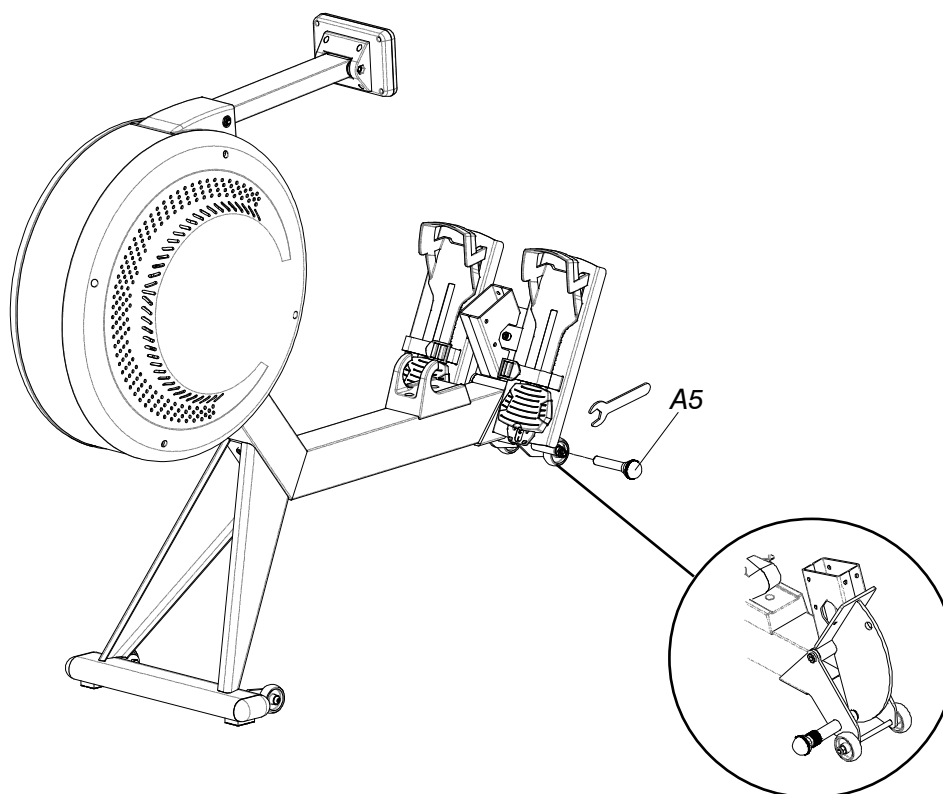
## Step 6

Remove the preassembled 6- M8x16mm Cap Head Screws (B4) and 6- M8 Flat Washers (B12) from the Main Frame Assembly with 6mm Allen Wrench.

Gently slide the Rail (B1) into the Main Frame Assembly (A1), then use the same 6 screws and flat washers to secure the Rail to the Main Frame Assembly.



*B1*

*B4*

*B4*

*B12*

*B4*

*A1*
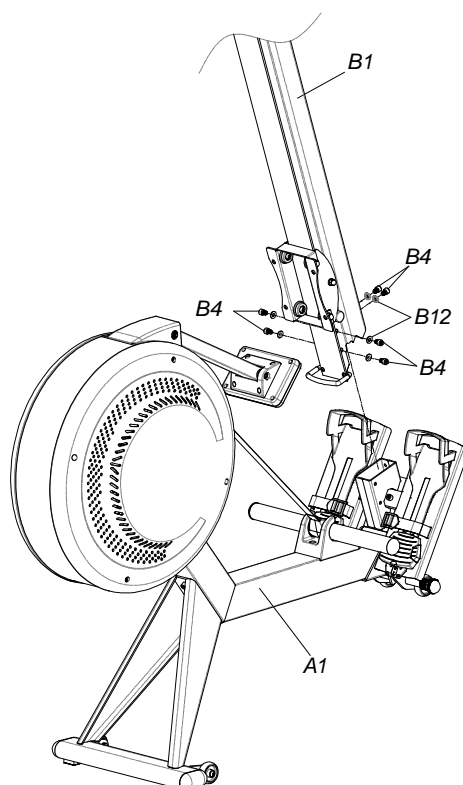
# Assembly Instructions

Remove the preassembled 4- M8x16mm Cap Head Screws (B4) and 4- M8 Flat Washers (B12) from the Seat Carriage with the 6mm Allen wrench.

Attach the Seat (B3) to the Seat Carriage as shown, make sure the pointed portion of the seat faces downward. Use the same 4 screws and flat washers to secure the Seat.



Caution:
After completing the Step 7 assembly,
Mind your head not to hit the rear stabilizer
while gettting up.

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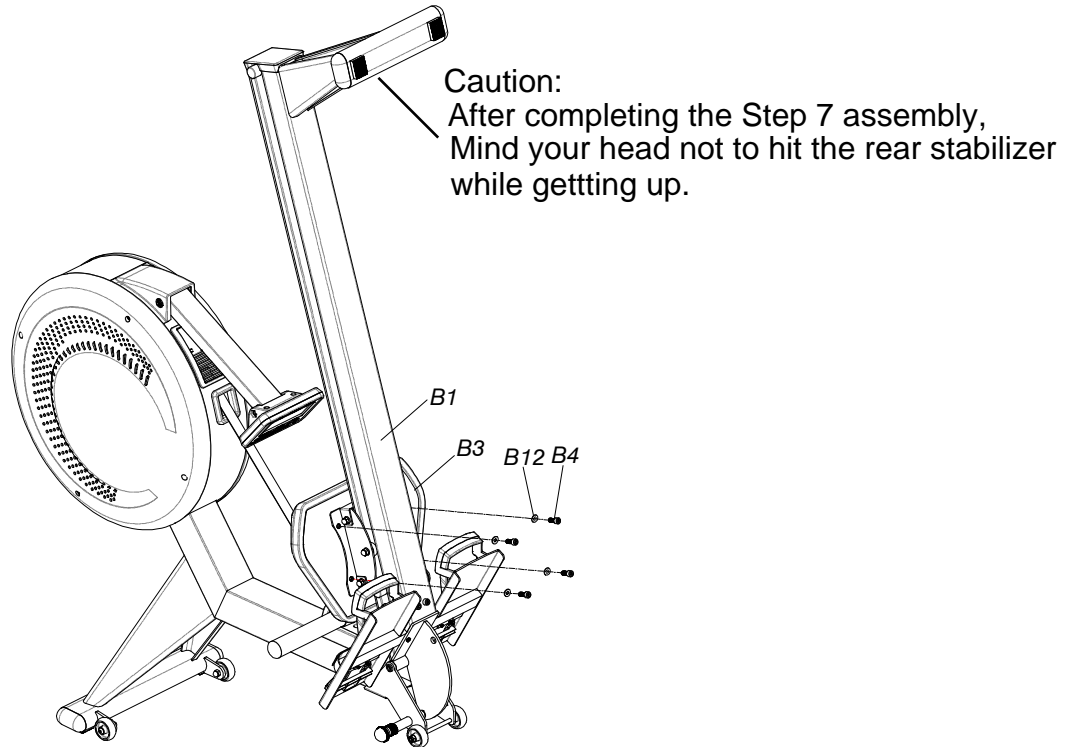
Step 8

As shown above,
One hand holds the Rail (B1) and the other hand pulls out the Pull Pin (A5), then release the pin, carefully put down the rail to the floor.

Lift up the rail handle until hear a "clicking" sound, make sure the pin is locked in the hole of Pviot Assembly.

The Computer Arm (F1) or the Computer (F2) can be adjusted to the desired position.



Assembly for the ARC-102 Air Rower is complete.

# Console Operation Instructions

Please read the console operation instruction thoroughly and familiarize yourself with the console layout before choosing a workout.

Make sure the Rower is powered up before you start using the console.
This unit is powered by AC Adaptor.

Console Layout

Data Display Window
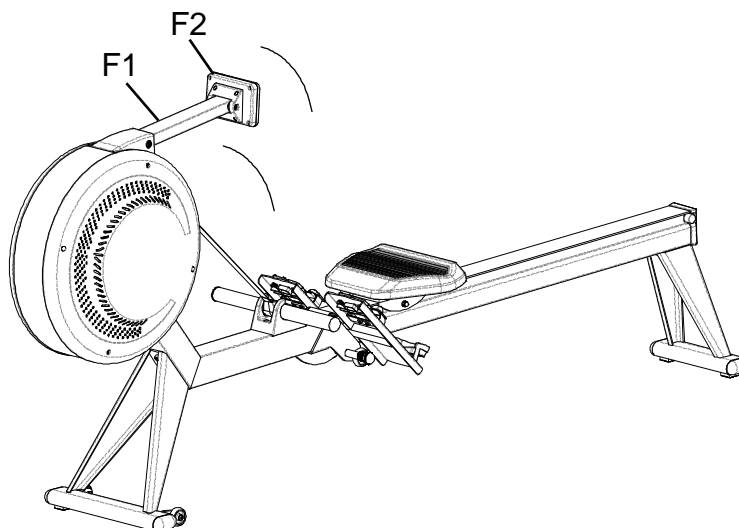
Program Selection Window

Matrix Profile Window

SPM      TIME/500M      METERS

STOP   MANUAL   PROGRAM   H.R.C.   RACE   USER   RECOVERY   B.M.I   FAT%

AGE   H.t   W.t

CALORIES      STROKES      PULSE

RECOVERY    RESET    START/STOP    ENTER    DOWN    UP

Function Keys
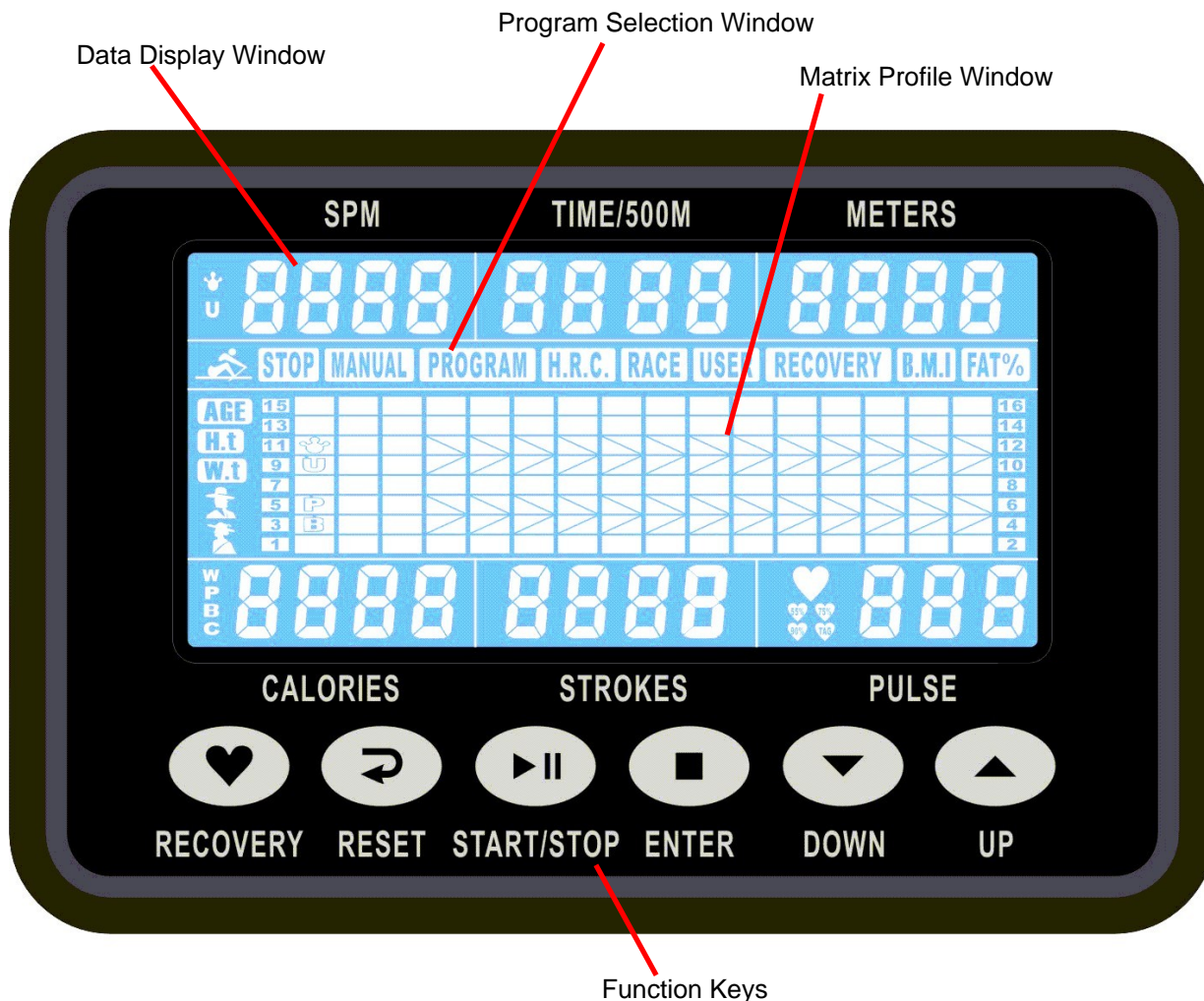
## 【OPERATION】

### 1. Power on

Insert the power adaptor jacket into the power socket under the Mesh (G4) of the main frame as shown below, then plug the power adaptor into the wall outlet.

Important: Use only the power adaptor accompanying with the machine. Never use an adaptor that is not certified for the unit, it will cause malfunction.

G4

# Console Operation Instructions

## 2. How to Adjust Time and Date

When the power is connected, the computer will turn on automatically, and starts segment tests with a beep, then it enters the Time and Date Adjustment as shown below.

Note: The "Time and Date" wording on the console only indicates where to adjust the Time and Date, it is not embedded in.
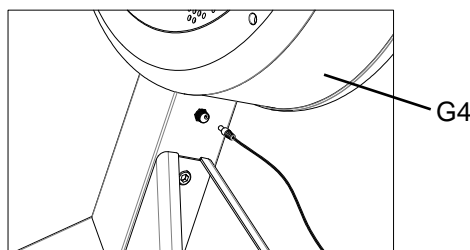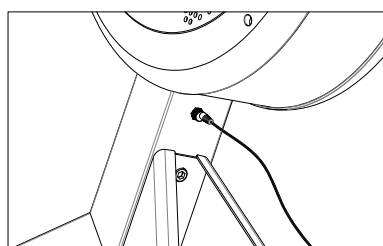


The sequential input is hour, minute, and then year, month and day.

### 2-1. Adjust the Time.

The Hour or Minute is blinking for inputting the current time.
Use Up or Down Key to adjust the current hour and minute, after each number is input then press enter for the next input.

### 2-2. Adjust the Date

The Year or Month or Day is blinking for inputting the current date.
Use Up or Down Key to adjust the current year, Month, and Day, after each number is input then press enter for the next input.

When the Time and Date are not adjusted in 30 seconds, it enters Sleep Mode.
Press any key to enter the program selections.

When the Adaptor or the Adaptor jacket is plugged off and re-plugged in, the time and date need re-inputting.

## 3. Program Selection

After the Time and Date are adjusted, it enters the program selections: STOP/MANUAL/PROGRAM/H.R.C./RACE/USER blinking to be selected, Press UP or DOWN Key for function selection and ENTER for confirmation.

# Console Operation Instructions

## 1. Keys: There are 6 function keys for program operation.

UP or DOWN：    To press these two buttons through available selection.
                To adjust the function value upward and downward.

ENTER：        To confirm your selection or data entry.
                During training, press the button to scan each display function.

START / STOP：  To start and stop your selected workout program.

RESET：        To reset the computer back to the main menu.

RECOVERY：   To activate the RECOVERY PROGRAM that will automatically evaluate your fitness immediately
                after your work out.

## 2. FUNCTIONS

TIME：          Preset target time by pressing UP and DOWN buttons (1min ~ 99 min), each increase/
                decrease setting is 1 minute.

TIME/500M：     Computer will display the time needed to row 500 meters according to current speed.

DISTANCE：     Preset target value by pressing UP and DOWN buttons ( 10meters ~ 9990meters), each
                increase / decrease setting is 100 meters.

STROKES：      Preset target value by pressing UP and DOWN buttons (0~9999 strokes). each increase /
                decrease setting is 10.

TOTAL STROKES：  Accumulates total strokes from 0 up to 9999.

PULSE：         To preset target value by pressing up/down/mode from 30 to 240, each increase/decrease
                setting is 1. The monitor will display user's heart rate during training. The pulse measurement
                function is only used by chest belt system; the frequency of chest belt accepted by the
                monitor is 5 KHz.

RECOVERY：    After exercising for a period of time, keep holding on handgrips and press "RECOVERY"
                button. All function display will stop except "TIME" starts counting down from 00:60 to 00:00.
                Screen will display your heart rate recovery status with the F1,F2….to F6. F1 is the best, F6
                is the worst. User may keep exercising to improve the heart rate recovery status.   (Press the
                RECOVERY button again to return the main display.)

CALENDAR：    The monitor will display year, month, and day when monitor is in sleep mode.

TEMPERATURE：  The monitor will display current room temperature from $0℃$ to $60℃$ when the monitor is in
                sleep mode.

CLOCK：        The monitor will display current clock when the monitor is in sleep mode.

## 3. PROGRAMS

### 3-1. MANUAL PROGRAM

A. Enter into this function, "L1" will display on the matrix profile window for resistance setting, you can set the target resistance from L1 to L16 by pressing UP or DOWN and then ENTER button. After pressing the ENTER, you can set target value for TIME, DISTANCE, STROKES, CALORIES, PULSE. Each Data Display window will blink to input the data.

Note : As Time is set, the DISTANCE can't be set, if you set the target time you wish to exercise, each segment would contain the time length of target value divided by 16.

As DISTANCE has been set, the TIME can't be set, if you set the target distance you wish to exercise, each segment would contain the distance length of target value divided by 16.

If you didn't set the value of TIME or DISTANCE, each segment would contain the distance length of 100M.

B. Press START button to start exercise, the STOP sign will disappear. All values start counting up or down. Press UP or DOWN button to adjust the resistance as you want and its figure will display on the matrix (level 1 ~ level 16).

C. When the any target value of you set count down to zero or you have pressed the STOP button, the monitor will stop and display the average figure of TIME/500M.

### 3-2. PROGRAM

User can select 12 different program profiles by pressing UP or DOWN and then ENTER button. After selected, user can set the exercise level from L1 to L16 by pressing UP or DOWN and then ENTER button. Also can adjust the level during exercising.

| CODE | PROGRAM | CODE | PROGRAM |
|------|---------|------|---------|
| P1 | Peak | P7 | Canyon |
| P2 | Longitudinal Valley | P8 | Hill valley |
| P3 | Valley | P9 | Hills |
| P4 | Hill | P10 | Mountain |
| P5 | Hill cliff | P11 | High land valley |
| P6 | High land | P12 | High land longitudinal valley |

A. Enter into this function, press UP/DOWN to select the target profile, and press ENTER for confirmation. Then "L1" will display on the monitor, you can press UP/DOWN/ENTER button to set target exercise level from L1 to L16. After level confirmed, you can set target value for TIME, DISTANCE, STROKES, CALORIES, PULSE. Each Data Display window will blink to input the data.

Note : As Time is set, the DISTANCE can't be set, if you set the target time you wish to exercise, each segment would contain the time length of target value divided by 16.

As DISTANCE has been set, the TIME can't be set, if you set the target distance you wish to exercise, each segment would contain the distance length of target value divided by 16.
If you didn't set the value of TIME or DISTANCE, each segment would contain the distance length of 100M.

B. Press START button to start exercise, the STOP sign will disappear. All values start counting up or down. Press UP or DOWN button to adjust the resistance as you want and its figure will display on the matrix (level 1 ~ level 16). During exercising, the value of TIME and TIME/500M will be scanned in 6 seconds automatically.

C. When the any target value of you set count down to zero or you have pressed the STOP button, the monitor will stop and display the average figure of TIME/500M and SPM.

**3-3. H.R.C.**

You can preset the target percentage for heart rate control in this function.

A. Enter into this function, the monitor will blink "AGE 25", press UP or DOWN and then ENTER button to set your age.  After confirmed , you can select the percentage of heart rate 55%, 75%, 90%, and TAG blinking in pulse display window.  If the percentage of heart rate doesn't meet your demand, you can also set your desired heart rate value by pressing UP or DOWN and then ENTER button. after TAG selected.

   After target heart rate confirmed, you can set target value for TIME, DISTANCE, STROKES, CALORIES, PULSE.  Each Data Display window will blink to input the data.

   Note : As Time is set, the DISTANCE can't be set, if you set the target time you wish to exercise, each
   
   segment would contain the time length of target value divided by 16. As DISTANCE has been set,
   
   the TIME can't be set, if you set the target distance you wish to exercise, each segment would
   
   contain the distance length of target value divided by 16. If you didn't set the value of TIME or
   
   DISTANCE, each segment would contain the distance length of 100M.

B. Press START button to start exercise, the STOP sign will disappear. All values start counting up or down. During exercising, the value of TIME and TIME/500M, STROKES and TOTAL STROKES, CALORIES will be switched in each 6 seconds automatically. You may also press "ENTER" to show TIME, SPM, DISTANCE, STROKES, and CALORIES in each data display window.

C. When the any target value of you set count down to zero (the computer will remind you with beep sound) or you have pressed the STOP button, the computer will stop and display your current heart rate.

   Note : The computer will keep following your heart rate value and adjust the resistance automatically
   
   during exercising, when your heart rate is lower than target value, the resistance will be
   
   increased one level up (L1, L2, L3…) by computer in each 30 seconds automatically till L16.
   
   When your heart rate reached target value, the resistance will be decreased one level down
   
   immediately, if your heart rate keep over target value, the resistance will be decreased one level
   
   down (L16, L15, L14,..) by computer automatically in each 15 seconds.
   
   When your heart rate is over target value and resistance has downed to lowest (L1) or your heart
   
   rate keep lower than target value and resistance has reached highest (L16), the computer will
   
   remind you with beep sound.
   
   When your heart rate keep higher than target value over 30 seconds at lowest resistance (L1),
   
   they computer will STOP automatically, it's protection system for heart rate control.

### 3-4. RACE

A. Enter into the RACE, the TIME/500M displays 8:00. You can press UP or DOWN and then ENTER button to set difficulty level of L1 ~ L15 which you want to race with monitor immediately, then press ENTER to confirm. Then you can set the target race distance by pressing UP or DOWN and then ENTER button

The difficulty level of L1 ~ L15 figure of the TIME/500M is as follows:

L1 = 8:00 ; L2 = 7:30 ; L3 = 7:00 ; L4 = 6:30 ; L5 = 6:00

L6 = 5:30 ; L7 = 5:00 ; L8 = 4:30 ; L9 = 4:00 ; L10 = 3:30

L11 = 3:00 ; L12 = 2:30 ; L13 = 2:00 ; L14 = 1:30 ; L15 = 1:00

B. Press START button to start race and STOP sign will disappear. The U & PB will display in the matrix. The monitor will STOP when one has reached the distance of race which has been set before, then the matrix displays "PC WIN" or "USER WIN" and may display figure for the status of the SPM value during all exercise after 6 seconds.

C. When the race is over, you can press the START to have a race once again, press reset to leave the state of the race.

### 3-5. USER

Enter into this function, you may set the desired program profile for training, press UP or DOWN and then ENTER button to set up exercising graph you wish.

A. After confirmed user function, you can see the first column blink on the monitor, and press UP/DOWN/ ENTER to set the level from 1 to 16, the each grid increase/decrease is 2 levels. Hold the ENTER for 2 seconds to enter into initial (standby) mode, then you can set target value for TIME, DISTANCE, STROKES, CALORIES, PULSE for setting.

B. Press START button to start exercise, the STOP sign will disapper. All values start counting up or down. You can press UP or DOWN button to adjust the resistance for each blinking program profile as your wish (all profiles will blink in sequence automatically). During exercising, the values of TIME TIME/500M, STROKES and TOTAL STROKES and CALORIES will be switched in each 6 seconds automatically. You may also press "ENTER" to show TIME, SPM, DISTANCE, STROKES, and CALORIES in each Data Display window.

C. Press STOP Button to stop the exercise, the computer will stop and display your current heart rate on the matrix profile window and TIME and TIME/500M will blink in turn every 6 seconds.

## Air Vent Adjustment

The Air Rower's flywheel fan generates an air flow that can be directed with sliding the flip upward to open the vent or shut it down, as shown below.
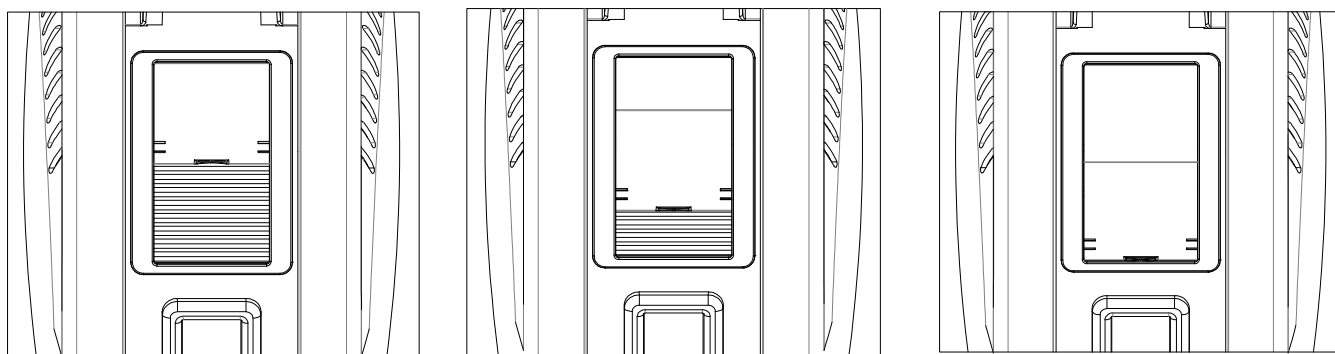


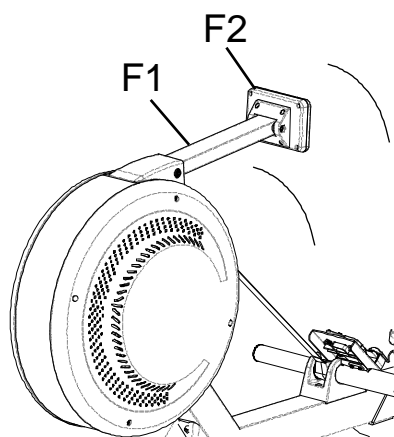## Heel Support Adjustment

Press down 2 buttons in the foot rest tread with 2 fingers at the same time as shown below. and slide the heel support to the desired fitting position.

When the foot is properly positioned, pull on the strap to tighten foot securely to foot pedals.
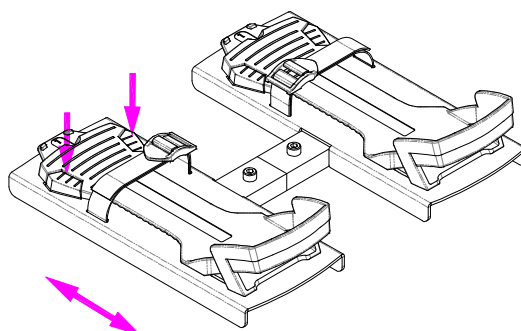


## Computer Angle Adjustment

The Computer and computer arm can be adjusted to accommodate to the users height and desired view.

Important: For Safety, while Folding or Unfolding the Air Rower, make sure there are no other persons, children, pets around the machine.

Folding the Air Rower

Pull out the Pull Pin (A5) and carefully lift up the Rail (B1) to the upright position,
until hear a "clicking" sound.  Make sure the pull pin is locked before moving the Air Rower.



Transportation and Storage

Before transporting the Air Rower, make sure the Rail (B1) is in the folded position.
Slowly move the Rower with both hands to the desired storage or new work-out location.
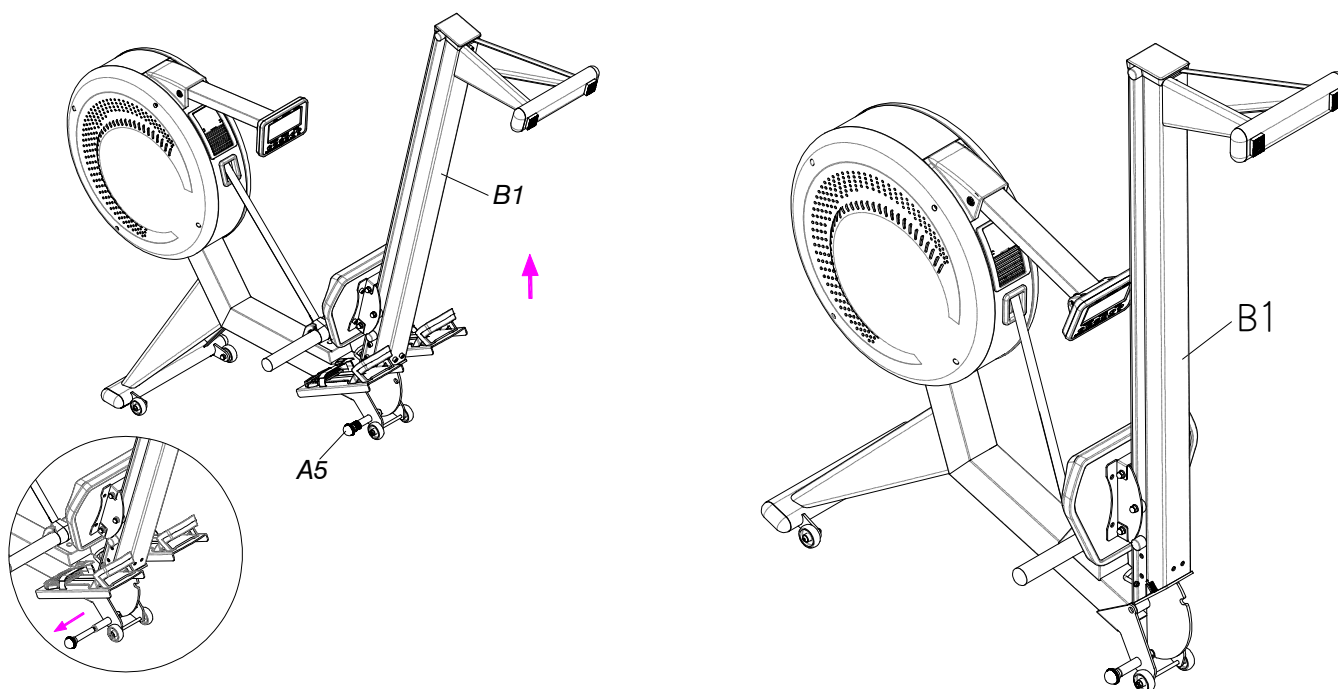
# User's Manual

Important: For Safety, while Folding or Unfolding the Air Rower, make sure there are no other persons, children, pets around the machine.

Un-folding the Air Rower

One Hand Holds the Rail (B1), and the other hand pulls out the Pull Pin (A5).
Release the Pull Pin, slowly and carefully place the Rail with both hands down to the floor.

Grab and Lift up the Lift Handle (B10) located at the front Rail until hear a " clicking" sound.
Make sure the pull pin is locked before exercise.
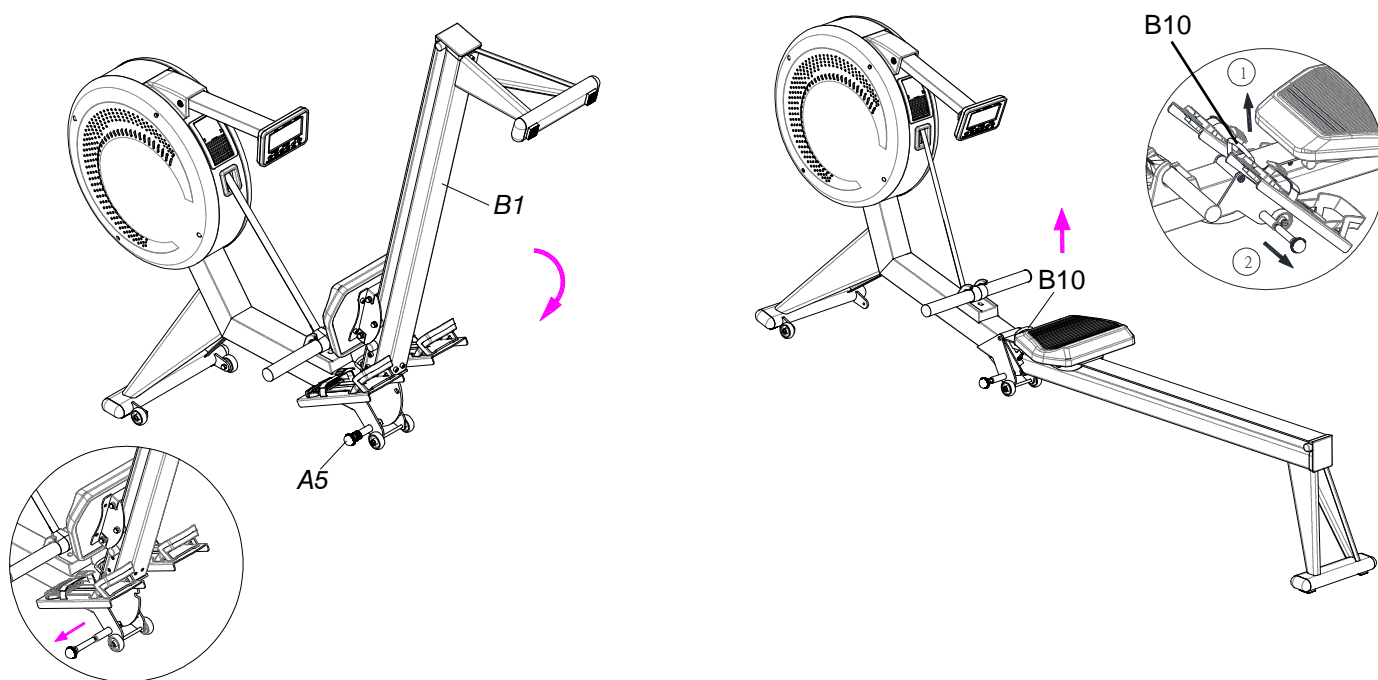


Heart Rate Monitoring Device

The Air Rower is equipped with a built-in wireless receiver for the heart rate monitoring transmitter.
Please contact the authorized delear to purchase a compatible chest strap transmitter if
you want to use wireless heart rate features.



Heart Rate
Receiver built-in
inside the Plastic
Handle Bar
Holder
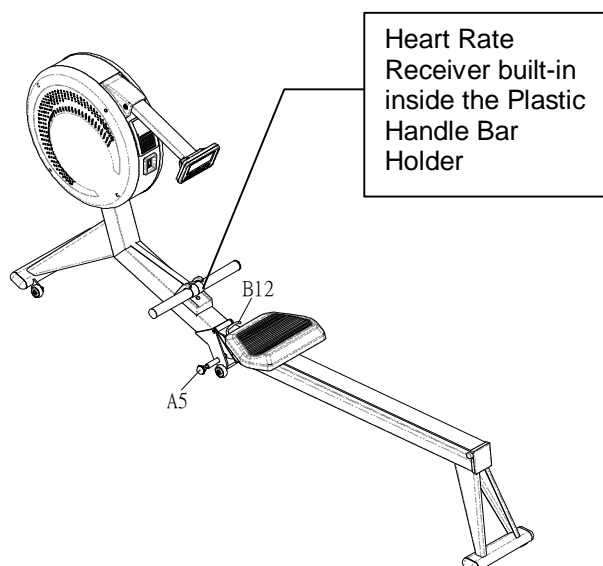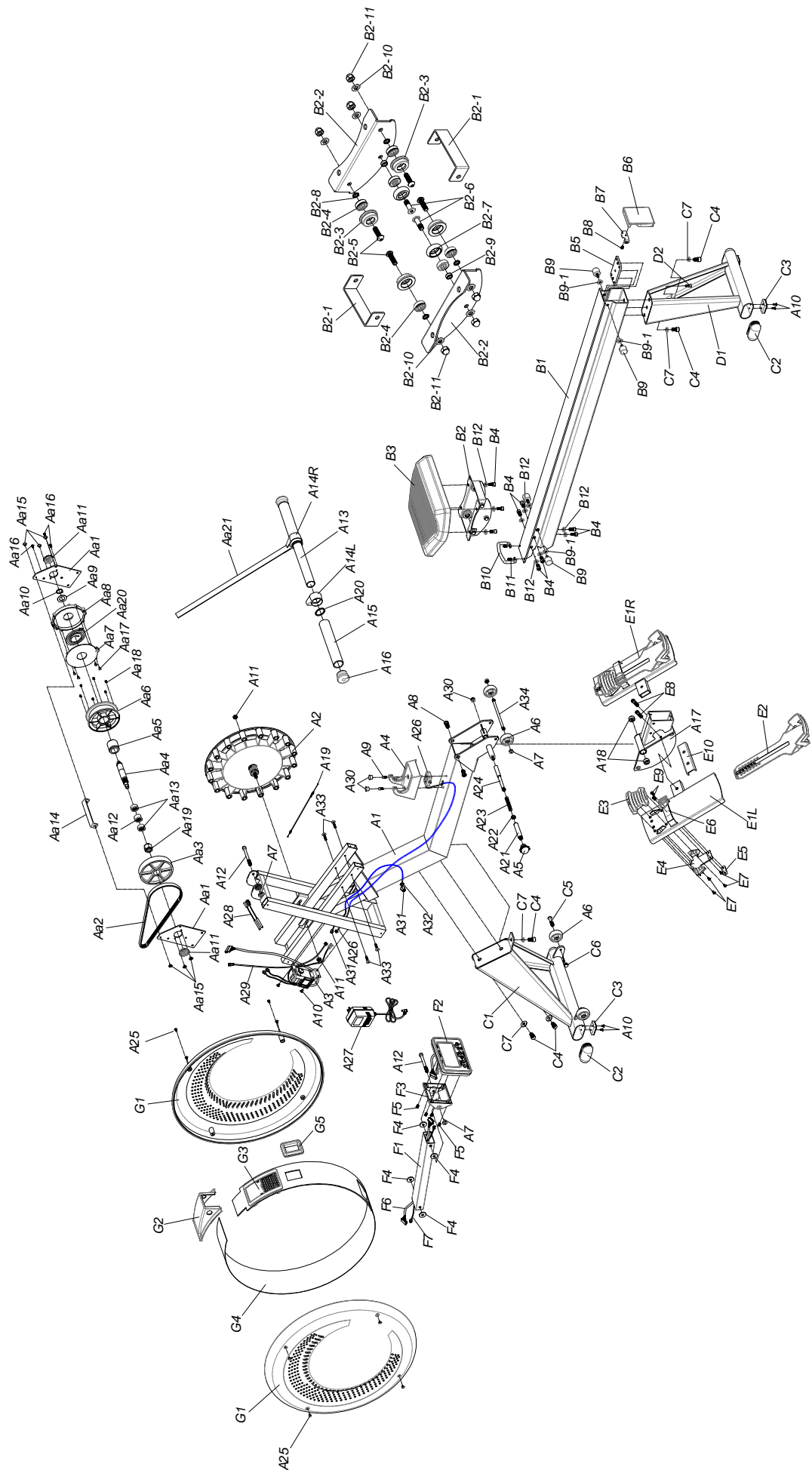
# PARTS LIST

| NO. | Description | Q'TY | NO. | Description | Q'TY |
|---|---|---|---|---|---|
| A1 | Main Frame Assembly | 1 | Aa5 | Bearing Spacer | 1 |
| A2 | Flywheel Fan Plastic | 1 | Aa6 | Strap Drum | 1 |
| A3 | Motor | 1 | Aa7 | Spring Cover | 1 |
| A4 | Handle Holder | 1 | Aa8 | Spring Holder | 1 |
| A5 | Pull Pin | 1 | Aa9 | Steel Washer | 1 |
| A6 | Wheel | 4 | Aa10 | Grommet | 1 |
| A7 | M8 Acorn Nut | 4 | Aa11 | Ball Bearing6201 | 2 |
| A8 | Cap Head Socket Screw M10×16mm | 2 | Aa12 | Single way Bearing | 1 |
| A9 | Phillip Head Screw M5×10mm | 2 | Aa13 | Needle Bearing | 2 |
| A10 | Button Head Self Tapping 4×12mm | 10 | Aa14 | Strap Drum Bracket | 1 |
| A11 | 3/8" Jam Nut | 2 | Aa15 | Button Head Phillip Screw M5×6mm | 6 |
| A12 | Cap Head Socket Screw M8×85mm | 2 | Aa16 | Button Head Self Tapping 4 x 12mm | 3 |
| A13 | Handle | 1 | Aa17 | Button Head Self Tapping M3x10mm | 4 |
| A14L | Left Handle Collar | 1 | Aa18 | Magnet | 6 |
| A14R | Right Handle Collar | 1 | Aa19 | M16 Jam Nut | 1 |
| A15 | Hand Grip | 2 | Aa20 | Worm Spring | 1 |
| A16 | 1 1/4" End Cap | 2 | B1 | Seat Rail | 1 |
| A17 | Pivot Assembly | 1 | B2 | Seat Carriage | 1 |
| A18 | Pivot Sleeve | 2 | B2-1 | Seat Carriage Roller Cover | 2 |
| A19 | Motor Tension Cable | 1 | B2-2 | Seat Carriage Cover | 2 |
| A20 | Plastic Washer Φ38×Φ32×2T | 2 | B2-3 | Seat Carriage Wheel | 4 |
| A21 | Pin Shaft 15 x 80mm | 1 | B2-4 | Ball Bearing PR-608ZZ | 6 |
| Aa21 | Strap | 1 | B2-5 | Pan Head Socket Screw M8×25mm | 4 |
| A22 | Jam Nut- 3/8 -16 x 14 | 1 | B2-6 | Flat Head Socket Screw M8×25mm | 2 |
| A23 | Spring 10 x 65mm | 1 | B2-7 | Seat Carriage Roller | 2 |
| A24 | Pin 12.7x 135mm | 1 | B2-8 | Spacer 8 x 12 x 2mm | 4 |
| A25 | Button Head Self Tapping Screw 4x16mm | 8 | B2-9 | Spacer 8 x 12 x 5mm | 2 |
| A26 | Heart Rate Transmitter | 1 | B2-10 | Flat Washer M8×Φ16×2.0T | 6 |
| A27 | Power Adaptor | 1 | B2-11 | M8 Lower Acorn Nut | 6 |
| A28 | Sensor Cable 250mm | 2 | B3 | Seat | 1 |
| A29 | Main Frame Cable | 1 | B4 | Cap Head Socket Screw M8×16mm | 10 |
| A30 | 1/2 Plug black | 3 | B5 | Rail Upper Plate | 1 |
| A31 | Power Input Jack | 1 | B6 | Rail End Cap | 1 |
| A32 | Nut, Power Input Jack | 1 | B7 | Rear Stopper | 1 |
| A33 | Button Head Self Tapping Screw 1/4x1 1/4 | 4 | B8 | Button Head Self Tapping Screw 5×10mm | 1 |
| A34 | Wheel, Axle | 1 | B9 | Seat Carriage Stopper | 4 |
| Aa1 | Strap Drum Plate | 2 | B9-1 | Flat Washer M8 x 23 x 2t | 4 |
| Aa2 | Drive Belt | 1 | B10 | Rail Handle | 1 |
| Aa3 | Drive Pulley | 1 | B11 | Pan Head Socket Screw M5 x 10 | 2 |
| Aa4 | Clutch Shaft | 1 | B12 | Flat Washer 16 x 8 x 1.5T | 10 |

# PARTS LIST

| NO. | Description | Q'TY | NO. | Description | Q'TY |
|---|---|---|---|---|---|
| C1 | Front Stabilizer | 1 | F1 | Computer Arm | 1 |
| C2 | Flat Oval End Cap 40×80 | 4 | F2 | Computer | 1 |
| C3 | Foot Pad 40×32mm | 4 | F3 | Computer Back Cover | 1 |
| C4 | Cap Head Socket Screw M10×16mm | 5 | F4 | Spacer Φ8.3×Φ25×3T | 4 |
| C5 | Pan Head Socket Screw M8×40mm | 2 | F5 | Round Head Phillip Screw M5×10mm | 4 |
| C6 | M8 Lower Acorn Nut | 2 | F6 | Cable-1, 2P, 400mm | 1 |
| C7 | M10 Flat Washer | 5 | F7 | Cable -2, 3P, 400mm | 1 |
| D1 | Rear Stabilizer | 1 | G1 | Main Cover | 2 |
| D2 | Cap Head Socket Screw M6x10mm | 1 | G2 | Computer Arm Sleeve | 1 |
| E1L | Left Foot Rest | 1 | G3 | Trim | 1 |
| E1R | Right Foot Rest | 1 | G4 | Mesh | 1 |
| E2 | Heel Support | 2 | G5 | Strap Slot Trim | 1 |
| E3 | Foot Rest Tread | 2 | | | |
| E4 | Foot Rest Tread Support | 2 | | | |
| E5 | Foot Snap | 2 | | | |
| E6 | Foot Strap | 2 | | | |
| E7 | Button Head Self Tapping M4×8mm | 8 | | | |
| E8 | Cap Head Socket Screw M8×25mm | 2 | | | |
| E9 | Flat Head Phillip Screw M5×15mm | 4 | | | |
| E10 | Foot Bed Mounting Plate | 1 | | | |