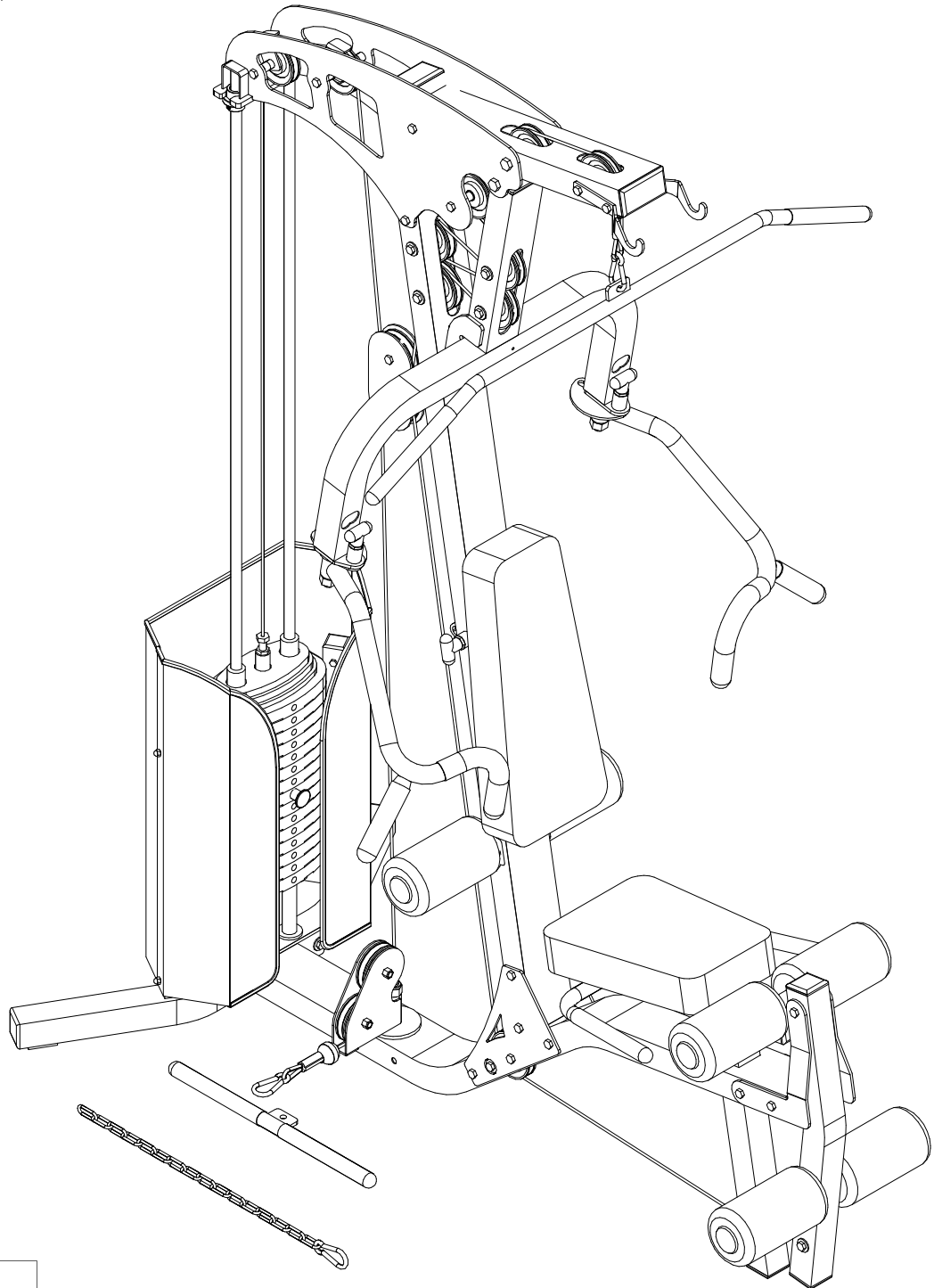
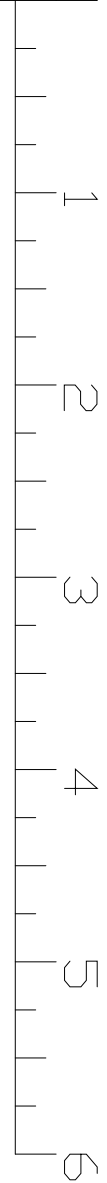


BLACKCOMB HOME GYM, 150 LBS. WEIGHT STACK ASSEMBLY INSTRUCTIONS

Bolt Length

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Specifications

- Weight = 371 lbs
- Packed in 5 Boxes
- Box 1 = 32.5" x 28.5" x 13.5"
= 7.24 ft³
= 80 lbs
- Box 2 = 74" x 23.5" x 9"
= 9.06 ft³
= 141 lbs
- Box 3, 4 & 5 = 11.75" x 5.25" x 5.25"
= 0.187 ft³
= 50 lbs (each)

BLACKCOMB Home Gym, 150 lbs. Weight Stack NLMGBC150

Overall Dimensions: 61.5" L x 48" W x 83" H
November 24, 2015

Parts list

Item	Description	Qty ...	Box #	Item	Description	Qty ..	Bag #
1	Main Upright	1	2	A	3/8" x 1" Bolt	2	1
2	Lower Frame	1	2	B	3/8" x 1-3/4" Bolt	4	1
3	Top Assembly	1	2	C	3/8" x 2-3/4" Bolt	4	1
4	Lower Plate	2	1	D	3/8" x 3" Bolt	4	1
5	Leg Extension Bracket L&R	2	1	E	3/8" x 3-3/4" Bolt	2	1
6	Leg Extension	1	2	F	3/8" x 4-1/2" Bolt	3	1
7	Arm Support	1	1	G	3/8" x 5" Bolt	15	1
8	Low Row Pulley Bracket	1	1	H	3/8" x 6" Bolt	1	1
9	Rear Base	1	2	I	1/4" x 2" Bolt	4	1
10	Seat Support	1	1	J	1/2" x 5" Bolt	1	1
11	Left Swing Arm	1	1	K	1/2" Locknut	1	1
12	Right Swing Arm	1	1	L	3/8" Locknut "thin"	4	1
13	Knee Roller Support	1	1	M	3/8" Plate Washer	26	1
14	Leg Extension Roller Tube	1	1	N	1/4" Acorn Nut	4	1
15	Guide Rod	2	2	O	3/8" Locknut	27	1
16	Top Pulley Spacer 5/8"x1-11/16"	2	Bag 2				
17	Selector Rod (with top plate) ...	1		AA	Ankle Cuff	1	2
18	Cable Retainer	2	1	AB	Spacer 1/2" Thk	46	1
19	Pulley Bracket (4-9/16")	2	1	AC	Spacer 3/8" Thk	4	1
20	Lat Bar Hooks (R&L)	2	1	AG	Rubber Bumper	4	2
21	18" Straight Bar	1	1	AI	Foam Roller Cap	6	1
22	48" Lat Bar	1	2	AJ	Guide Rod Retainer	2	2
23	Weight Stack Plate	14		AL	Pulley 3-1/2"	14	3
24	Back Pad	1	1	AM	Chain with Snap Link 22"	1	2
25	Seat Pad	1	1	AN	Shaft Collar	2	2
26	Backrest Support	1	1	AS	Rubber Trim for Shroud	1	2
27	Weight Stack Shroud	1	2				
28	Wt Stack Front Shroud R&L	2	2	AU	Top Cable	1	2
29	Foam Roller	6	1	AV	Lower Cable	1	2
30	Weight Stack Support	2	1				
31	Selector Pin	1	Bag2				