



97 CROSSBOX LANDMINE ATTACHMENT: MSRP: 79.9900



DESCRIPTION

The CrossBox Landmine will help any athlete build core rotational stability and peak power through a greater range of motion. Perform explosive arm movements and other rotational exercises simply by inserting any Olympic size bar into the 10" pivoting sleeve. The primary function is to develop rotational power for improved core stabilization and activation while playing sports.

Constructed out of a solid steel, this small yet durable multi-functional station allows the whole body to be worked. It features a bearing joint that ensures smooth movements. Levels of difficulty can be changed with using a different length bar and/or by adding weights. The Landmine attachment is quick and easy to setup on any Crossbox Rig or Rack and will add explosive full body strength workout and a powerful core workout.

Features:

- Multifunctional Station Allows the Whole Body to be Worked
- Develop Rotational Power for Improved Core Stabilization and Activation
- Bearing articulating joint
- Solid Steel Construction
- Fits any CrossBox Rig or CrossBox Rack (*not compatible with [IRPOWRACKSB](#) or [NLPOWER](#)*)
- Colour: Black

Features

Specifications:

- SKU: CBLMS
- Bearing articulating joint ensures a full and smooth "Arc"
- Solid Steel Construction
- Fits any CrossBox Rig or CrossBox Rack (*not compatible with [IRPOWRACKSB](#) or [NLPOWER](#)*)
- Colour: Black

- Dimensions: 18.5"L x 3.8"W x 4.1"H

Warranty

Manufacturer's limited lifetime warranty against broken welds and manufacturing defects.