



## 97 24' CROSSBOX RIG: MSRP: 3399.9900



### DESCRIPTION

Expand your fitness training with the Northern Lights CrossBox 20' CrossBox Rig. It is the perfect starting point for anyone looking to start a gym or add onto an existing gym layout. The 24' CrossBox Rig is fully customizable with any of our CrossBox pieces and can function as an evolving gym centerpiece as you progress your training regiments or facility needs. The unit features twelve 2" x 3" 11-gauge steel uprights that stand at 108" tall, four 70" double x bars and twelve 43" fat / skinny bars. Six pairs of J-hooks and all rig hardware is also included\*.

The 24' CrossBox Rig comes in at 108" (H) x 49" (L) x 281" (W) and is a high-quality piece of equipment that will satisfy athletes, fitness enthusiasts and weekend warriors. Take advantage of one of our best package deals yet and get started on your fitness routine today!

#### (6) Bar Holder J-Hooks, Pair

The Northern Lights CrossBox J-hooks are a solid choice for use with any Northern Lights CrossBox rig. The J-hooks make changing exercises or adding weights quicker and easier. They are heavy duty and fit securely in place so you can focus on your workout without having to worry about hook slippage or movement.

#### (4) 70" Double X-Bar/Shelf - 1.25"

The Double X-Bar/Shelf measures 70" wide and has a two standard 1.25" diameter pull-up bars. It is an excellent way to train grip strength and challenge your typical pull-up routine.

#### (12) 43" Fat/Skinny, 1.25" & 1.5"

2 pull-up bars in one. The Fat Skinny Bar measures 43" wide and has a standard 1.25" diameter pull-up bar on one side and fat 1.5" bar on the other.

#### (12) Upright, 108" w/ floor pad

The standard 2" x 3" upright for the CrossBox collection.

**Important:** The Northern Lights CrossBox Garage Gym must be bolted to both the floor and wall, and should only be mounted into solid wood studs or concrete. Metal studs or drywall are NOT recommended for this set-up.

\*Wall and floor mounting hardware not included. Bumper plates and Olympic bars sold separately.

### Features

#### CrossBox Upright 108' w/ floor pad Specs:

- 2" x 3" x 108"
- 7" x 5" foot panel

- Colour: Black
- 12 Uprights included

**CrossBox J-Hooks Bar Holders Specs:**

- Features Plastic Insert to protect your Bars from damage
- Hook Length: 4.5"
- Total Length: 8"
- Width: 2"
- Height: 6.5"
- Peg Diameter: 0.6"
- 6 pairs included

**CrossBox 70" Double X-Bar Specs:**

- 1.25" diameter bars
- 70" (L) x 14" (W) x 2" (H)
- Colour: Black
- 4 included

**CrossBox 43" Fat & Skinny Bar Specs:**

- 1.25" and 1.5" diameter bars
- 43" (W) x 14" (H) x 2" (L)
- Colour: Black
- 12 included