



97 45 DEGREE, HYPER EXTENSION: MSRP: 279.0000



DESCRIPTION

The Northern Lights Hyper Extension unit is the perfect core strengthening exercise. The unit includes oversized pads for superior comfort and features a spring-loaded pop pin hat quickly adjusts the leg support.

Many people find when doing Hyperextensions for their lower back, their squats and deadlifts improve substantially. In addition, you will also find that strengthening the lower back is key to improving posture and reducing back pain. Hyperextensions also contribute in developing and strengthening your body's core. The exercises will help trim and tone the waistline, as well as strengthen the abdominals.

Features

- Strengthens the lower back, core, glutes and hamstrings
- Great for users of all fitness levels
- Black injection moulded contour padding
- 14 gauge steel construction
- Charcoal Grey powder coat finish

Features

Specifications

- Model: NLHYPA
- Length: 54 in
- Width: 33.5 in
- Height: 28.5" (33" fully extended)
- Weight: 57.5 lbs

Construction

- Upholstery: Black injection moulded contour padding
- Frame: 14 gauge steel construction
- Finish: Charcoal Grey powder coat finish

Warranty

Manufacturer's limited lifetime warranty against broken welds and manufacturing defects.