



97 ROMAN CHAIR/BACK HYPEREXTENSION: MSRP: 319.0000



DESCRIPTION

The Northern Lights Roman Chair/Back Hyper is the perfect unit for anyone looking to increase strength in their lower back and core strength. It features 14 gauge steel construction with a charcoal grey powder coat finish. The padding is moulded contour pad with foam leg supports, providing the perfect amount of comfort.

Health Benefits

Hyperextensions are an often overlooked exercise when it comes to increasing your core strength, lower back, and adding muscle mass. The lower back is one of the most important muscle groups in the body, and strengthening it can lead to strength gains throughout the entire body. They can also be used in rehabilitation programs. In addition, you will also find that strengthening the lower back is key to improving posture and reducing back pain.

Features

- **Upholstery:** Black injection moulded contour pad
- **Frame:** 14 gauge steel construction
- **Finish:** Charcoal Grey powder coat finish
- Strengthens lower back and core muscles
- Helps with posture and defining core

Features

- **Model:** NL-HYP
- **Length:** 54.5"

- **Width:** 30"
- **Height:** 36"
- **Weight:** 59.8lbs

Construction:

- **Upholstery:** Black injection moulded contour pad
- **Frame:** 14 gauge steel construction
- **Finish:** Charcoal Grey powder coat finish

Warranty

Manufacturer's limited lifetime warranty against broken welds and manufacturing defects.