



NORTHERN LIGHTS
QUALITY • PRECISION • PERFORMANCE

97 DELUXE SIT UP BOARD, ADJUSTABLE: MSRP: \$329.88



DESCRIPTION

A flatter stomach and a slimmer waistline will be yours with the Deluxe Sit Up Board. Considered the big brother to our Ab Crunch Board, this model offers 13 height settings -- significantly more than competing benches. This feature allows you to never stop challenging yourself, making it perfect for users of all fitness levels. Thick, comfortable foam rollers keep you locked into position while the Ergo-Tech back pad accommodates even the tallest user. The unit features 14 gauge steel construction and a Charcoal Grey powder coat finish.

Get Results in Comfort

Northern Lights has taken comfort, durability and hygiene to new levels with Ergo-Tech padding. Ergo-Tech offers the perfect balance of firmness, comfort and support. The narrow profile of the Ergo-Tech pad permits proper body movement during bench exercise. Allowing you to get the results you want, comfortably.

Features

- Target and challenge the entire abdominal region
- 13 adjustment heights
- Ergo-Tech padding
- Oversized Foam Rollers for comfort and stability - 4" Diameter x 7.5" W
- Charcoal Grey powder coat finish
- Assembled Dimensions: 51"H x 54"L x 18"W

FEATURES

OVERVIEW:

- **Model:** NLDSIT
- **Length:** 54 in
- **Width:** 18 in
- **Height:** 51 in
- **Weight:** 53 lbs
- **Number of Decline Positions:** 13

CONSTRUCTION:

- **Upholstery:** ErgoTech padding
- **Frame:** 2" x 2" x .083" wall tubes; 14 gauge steel construction
- **Finish:** Charcoal powder coat finish

SHIPPING DIMENSIONS:

- 1 Box - 58.5" x 19" x 4.5"
- 49.4 lbs

WARRANTY:

- Manufacturer's limited lifetime warranty against broken welds and manufacturing defects.

SHIPPING DIMENSION

Width: 19.29 in
Length: 58.66 in
Height: 6.69 in

WARRANTY

Manufacturer's limited lifetime warranty against broken welds and manufacturing defects.